



# 琉球唐手術国際研究會

## International Ryukyu Karate Research Society

# Koryukan Gräfenhainichen

## 古流沖繩手拳法術道場

The International Ryukyu Karate Research Society recognises **Koryukan Gräfenhainichen** as an official KU branch under the guidance of **Maik Döring Sensei** for the 2026-2027 year. As an art, Koryu Uchinadi conditions the body, cultivates the mind and nurtures the spirit, in an effort to improve health, its holistic purpose; be better prepared to protect oneself, its defensive application; build moral character, its social aim; discover and overcome the source human weakness; its philosophical nature; and finally, to know inner-peace, its spiritual essence. Koryu Uchinadi is also a provocative alternative to conventional methods of physical fitness and stress management. Learning how to respond dispassionately to unwarranted aggression requires self-empowerment. Such training promotes an inner-calm and, where conflict exists, helps restore balance to personal and professional relationships.

25 February 2026

*Patrick McCarthy*

**Patrick McCarthy**  
Hanshi 10th Dan  
Director  
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金城裕

In Memoriam  
**Kinjo Hiroshi**  
1919-2013  
Hanshi 10th Dan  
President  
Japan

